



A private nonprofit affiliate of University of Massachusetts

State Licensure Information: Alabama

Licensing Board: [Alabama Board of Examiners in Marriage and Family Therapy](#); [Alabama Board of Examiners in Counseling](#)

Accreditation Information: Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 69

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. Marriage and Family Studies
2. Marriage and Family Therapy
3. Human Development
4. Professional Ethics
5. Research
6. Mental Health Diagnosis
7. Counseling Theory
8. Social and Multicultural Foundation
9. The Helping Relationship
10. Group Dynamics, Processing and Counseling
11. Lifestyle and Career Development
12. Appraisal of Individuals

Courses required compared to UMass Global courses offered:

Alabama Course Work	UMASS Global Equivalency
Marriage and Family Studies	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 516 – Assessment and Treatment of Substance Abuse
Marriage and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 526 – Family Therapy Theories and Techniques: A Modern Emphasis
Human Development	PSYU 522 – Individual and Family Development
	PSYU 518 – Child/Adolescent Psychopathology and Child Abuse
Professional Ethics	PSYU 506 – Ethical and Professional Issues
Research	PSYU 528 – Research and Bibliographic Methods
Mental Health Diagnosis	PSYU 510 – Psychopathology and Diagnosis



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Counseling Theory	PSYU 520 – Advanced Individual Therapy I
Social and Multicultural Foundation	PSYU 524 – Clinical Issues in Human Diversity
The Helping Relationship	PSYU 502 – History and Foundations of Therapeutic Practices
Group Dynamics, Processing and Counseling	PSYU 530 – Theory and Practice of Group Therapy
Lifestyle and Career Development	PSYU 545 – Transitions to Work and Career
Appraisal of Individuals	PSYU 534 – Clinical Assessment

Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at mftpcclinical@umassglobal.edu.

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
700 total Hours	300 total hours	100 total hours	A minimum of 12 months
300 direct client contact hours 100 supervision hours 300 Indirect clock hours or DCC (clinic duties or additional DCC)	100 of the total direct client contact hours must be with couple and family client units. The remaining 200 hours may be individual or relational hours.	50 hours must be observable (audio and video recording) 1-hour individual supervision and 1.5 hours group supervision each week.	