



A private nonprofit affiliate of University of Massachusetts

**State Licensure Information: Alaska**

**Licensing Board:** [Divisions of Corporations, Business and Professional Licensing](#)

**Accreditation Information:** Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** A minimum of 69

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

**Courses or course work required:**

1. Human Development
2. Marriage and Family Studies
3. Marriage and Family Therapy
4. Research
5. Professional Issues and Ethics
6. The Helping Relationship
7. Social and Cultural Foundation, including multicultural issues
8. Diagnosis, Treatment planning and Prevention
9. Group Dynamics, Processing and Counseling
10. Lifestyle and Career Development
11. Assessment, Appraisal and Testing of Individuals

**Courses required compared to UMass Global courses offered:**

Alaska Course Work	UMASS Global Equivalency
Human Development	PSYU 518 – Child/Adolescent Psychopathology and Child Abuse
	PSYU 522 – Individual and Family Development
Marriage and Family Studies	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 516 – Assessment and Treatment of Substance Abuse
	PSYU 538 – Assessment and Treatment of Sexual Disorders
Marriage and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Research	PSYU 528 – Research and Bibliographic Methods
Professional Issues and Ethics	PSYU 506 – Ethical and Professional Issues



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The Helping Relationship	PSYU 502 – History and Foundations of Therapeutic Practices
Social and Cultural Foundations	PSYU 524 – Clinical Issues in Human Diversity
Diagnosis, Treatment planning and Prevention	PSYU 510 – Psychopathology and Diagnosis
Group Dynamics, Processing and Counseling	PSYU 530 – Theory and Practice of Group Therapy
Lifestyle and Career Development	PSYU 545 – Transitions to Work and Career
Assessment, Appraisal and Testing of Individuals	PSYU 534 – Clinical Assessment

**Practicum Requirements:**

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at [mftpcclinical@umassglobal.edu](mailto:mftpcclinical@umassglobal.edu).

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
<b>400 total Hours</b>	<b>300 total hours</b>	<b>100 total hours</b>	A minimum of 12 months
<b>300</b> direct client contact hours <b>100</b> supervision hours	<b>100</b> of the total direct client contact hours must be with couple and family client units.  The remaining <b>200</b> hours may be individual or relational hours.	<b>50</b> hours must be observable (audio and video recording)	