



A private nonprofit affiliate of University of Massachusetts

State Licensure Information: Arkansas

Licensing Board: [Arkansas Department of Health](#)

Accreditation Information: Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 69

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. Foundations of Relational/Systemic Practice, Theories and Models
2. Clinical Treatment with Individuals, Couples and Families
3. Diverse, Multicultural, and/or Underserved Communities/Social and Cultural Diversity
4. Research
5. Professional Identity, Law, Ethics and Social Responsibility
6. Biopsychosocial Health and Development Across the Life Span/Human Growth and Development
7. Systemic/Relational Assessment and Mental Health Diagnosis and Treatment
8. Use of Technology in Counseling/Therapy
9. Career Development
10. Helping Relations
11. Group Work
12. Assessment
13. Psychopathology
14. Family and Relationship
15. Practicum

Courses required compared to UMass Global courses offered

Arkansas Course Work	UMASS Global Equivalency
Foundations of Relational/Systemic Practice, Theories and Models	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Clinical Treatment with Individuals, Couples and Families	PSYU 514 – Couples Therapy
	PSYU 520 – Advanced Individual Therapy I
Diverse, Multicultural, and/or Underserved Communities/Social and Cultural Diversity	PSYU 524 – Clinical Issues in Human Diversity
Research	PSYU 528 – Research and Bibliographic Methods
Systemic/Relational Assessment and Mental Health Diagnosis and Treatment	PSYU 510 – Psychopathology and Diagnosis

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Professional Identity, Law, Ethics and Social Responsibility	PSYU 506 – Ethical and Professional Issues
Biopsychosocial Health and Development Across the Life Span/Human Growth and Development	PSYU 522- Individual and Family Development
Use of Technology in Counseling/Therapy	Embedded in PSYU 520
Career Development	PSYU 545 – Transition to Work and Career
Helping Relations	PSYU 502 – History and Foundations of Therapeutic Practices
Group Work	PSYU 530 – Theory and Practice of Group Therapy
Assessment	PSYU 534 – Clinical Assessment
Psychopathology	PSYU 510 – Psychopathology and Diagnosis
Family and Relationship	PSYU 514 – Couples Therapy
Practicum	PSYU 688 – Practicum I
	PSYU 689 – Practicum II
	690 – Practicum III

Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at mftpcclinical@umassglobal.edu.

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
700 total Hours	300 total hours	100 total hours	A minimum of 12 months
300 direct client contact hours 100 supervision hours 300 Indirect clock hours or DCC (clinic duties or additional DCC)	100 of the total direct client contact hours must be with couple and family client units. The remaining 200 hours may be individual or relational hours.	50 hours must be observable (audio and video recording). 1 hour individual or triadic supervision each week.	