



A private nonprofit affiliate of University of Massachusetts

**State Licensure Information: Utah**

**Licensing Board:** [Utah Commerce-Division of Professional Licensing](#)

**Accreditation Information:** Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

**Degree Program total unit requirement:** A minimum of 69

**Course equivalency:** One (1) course is equal to three (3) semester credits (units)

**Courses or course work required:**

1. Foundations of Marriage and Family Therapy
2. Assessment and Treatment in Marriage and Family Therapy
3. Human Development
4. Research Methods or Statistics
5. Professional Issues and Ethics
6. Elective in Marriage and Family Therapy
7. Social and Cultural Diversity
8. Career Development
9. Helping Relationships
10. Group Work
11. Assessment and Testing
12. Psychopathology
13. Substance-Related and Addictive Disorders

**Courses required compared to UMass Global courses offered:**

Utah Course Work	UMASS Global Equivalency
Foundations of Marriage and Family Therapy	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 538 – Assessment and Treatment of Sexual Disorders
Assessment and Treatment in Marriage and Family	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 514 – Couples Therapy
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Human Development	PSYU 518 – Child and Adolescent Psychopathology and Child Abuse
	PSYU 522 – Individual and Family Development
Research	PSYU 528 – Research and Bibliographic Methods
Professional Issues and Ethics	PSYU 506 – Ethical and Professional Issues



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Elective in Marriage and Family Therapy	Any of the other offered courses
Social and Cultural Diversity	PSYU 524 – Clinical Issues in Human Diversity
Career Development	PSYU 545 – Transitions to Work and Career
Helping Relationships	PSYU 502 – History and Foundations of Therapeutic Practices
Group Work	PSYU 530 – Theory and Practice of Group Therapy
Assessment and Testing	PSYU 534 – Clinical Assessment
Psychopathology	PSYU 510 – Psychopathology and Diagnosis
Substance-Related and Addictive Disorders	PSYU 516 – Assessment and Treatment of Substance Abuse

**Practicum Requirements:**

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at [mftpcclinical@umassglobal.edu](mailto:mftpcclinical@umassglobal.edu).

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
<b>700 total Hours</b>	<b>300 total hours</b>	<b>100 total hours</b>	A minimum of 12 months
<b>300</b> direct client contact hours <b>100</b> supervision hours <b>300</b> Indirect clock hours or DCC (clinic duties or additional DCC)	<b>100</b> of the total direct client contact hours must be with couple and family client units.  The remaining <b>200</b> hours may be individual or relational hours.	<b>50</b> hours must be observable (audio and video recording)	