



A private nonprofit affiliate of University of Massachusetts

State Licensure Information: Virginia

Licensing Board: [Virginia Board of Counseling](#)

Accreditation Information: Regional Accreditation is required.

The University of Massachusetts Global is regionally accredited under the Western Association of Schools and Colleges (WASC)

Degree Program total unit requirement: A minimum of 69

Course equivalency: One (1) course is equal to three (3) semester credits (units)

Courses or course work required:

1. Marriage and Family Studies
2. Marriage and Family Therapy
3. Human Development
4. Abnormal Behaviors/Psychopathology
5. Diagnosis and Treatment of Addictive Behaviors
6. Multicultural Counseling
7. Research Methods of Statistics
8. Professional Issues and Ethics
9. Assessment and Treatment/Appraisal, Evaluation and Diagnostic Procedures
10. Career Counseling and Development
11. Theories of Counseling and Psychotherapy
12. Counseling and Psychotherapy Techniques
13. Group Counseling
14. Marriage and Systems Theory

Courses required compared to UMass Global courses offered

Virginia Course Work	UMASS Global Equivalency
Marriage and Family Studies	PSYU 502 – History and Foundations of Therapeutic Practices
	PSYU 538 – Assessment and Treatment of Sexual Disorders
Marriage and Family Therapy	PSYU 512 – Family Therapy Theories and Techniques: A Modern Emphasis
	PSYU 526 – Family Therapy Theories and Techniques: A Postmodern Emphasis
Human Development	PSYU 522 – Individual and Family Development
Abnormal Behavior	PSYU 510 – Psychopathology and Diagnosis
Diagnosis and Treatment of Addictive Behaviors	PSYU 516 – Assessment and Treatment of Substance Abuse
Multicultural Counseling	PSYU 524 – Clinical Issues in Human Diversity
Research	PSYU 528 – Research and Bibliographic Methods



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Professional Issues and Ethics	PSYU 506 – Ethical and Professional Issues
Assessment and Treatment	PSYU 534 – Clinical Assessment
Career and Counseling Development	PSYU 545 – Transition to Work and Career
Theories of Counseling and Psychotherapy	PSYU 502 – History and Foundations of Therapeutic Practices
Counseling and Psychotherapy Techniques	PSYU 520 – Advanced Individual Therapy I
Group Counseling	PSYU 530 – Theory and Practice of Group Therapy
Marriage and Family Systems Theory	PSYU 514 - Couples Therapy

Practicum Requirements:

In compliance with the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) standards, the University practicum requirements are standardized across all applicable states. These requirements meet or exceed your specific state guidelines for practicum. For more details regarding practicum, please contact the Field Support Team at mftpcclinical@umassglobal.edu.

Total Clinical Hours	Direct Client Contact Hours	Supervision Hours	Length of Practicum
600 total Hours	300 total hours	100 total hours	A minimum of 12 months
300 direct client contact hours 100 supervision hours 200 Indirect clock hours or DCC (clinic duties or additional DCC)	100 of the total direct client contact hours must be with couple and family client units. The remaining 200 hours may be individual or relational hours.	50 hours must be observable (audio and video recording)	